

# USA National Masters Throws Championship

Dedham, MA  
July 23 - 24 2022

## Day 1 - Throws Pentathlon

Age	Name	Total	Pl	Hammer	HT Points	Shot Put	SP Points	Discus	DT Points	Javelin	JT Points	Weight	WT Points
M36	Derek Worden	2738	1	41.46	556	9.85	498	35.95	593	33.50	355	14.72	736
M38	Greg Bourque	2256	2	32.06	399	9.34	466	30.24	478	39.30	439	10.20	474
M47	Hondo Salgado	3584	1	44.34	759	11.50	717	39.12	811	39.97	542	13.13	755
M52	Eric Cole	4124	1	55.15	933	13.14	814	50.32	900	34.36	474	18.74	1003
M52	David DeStefano	3412	2	51.46	860	11.44	692	37.26	625	24.75	305	17.54	930
M53	Darrin Clement	2431	3	39.38	622	10.44	620	35.43	588	16.36	162	9.31	439
M52	Stephen Venditti	2314	4	20.39	258	13.05	808	30.51	488	25.29	314	9.44	446
M52	David Woods	1821	5	17.68	207	9.28	538	27.06	418	25.97	326	7.48	332
M56	David Bickel	3710	1	47.14	875	10.43	682	37.06	688	31.22	468	17.41	997
M57	Craig MacDonald	3449	2	33.81	585	12.84	870	36.78	681	37.58	593	13.13	720
M56	Patrick Toland	3223	3	40.96	740	12.60	851	34.30	626	18.66	229	14.03	777
M56	James Meyer	3179	4	37.71	669	11.76	786	32.57	587	31.91	481	12.14	656
M57	William Cotter	2880	5	40.16	723	9.15	583	34.01	619	19.73	249	12.92	706
M58	Joseph Bachana	1577	6	11.84	124	7.78	478	22.41	365	23.87	326	6.21	284
M59	Victor DeMarines	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
M56	Michael Stewart	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
M60	Clayton Dennis	3101	1	18.96	268	10.55	677	43.15	784	48.71	872	10.41	500
M63	Robert Arello	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
M61	Jim Biondolillo	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
M67	Roland Jones	3836	1	37.01	747	11.63	840	44.16	899	34.00	635	13.14	715
M67	Hartley Palleschi	3561	2	39.14	799	11.23	807	31.34	593	33.72	628	13.44	734
M72	Tim Muller	3376	1	37.53	751	11.02	735	27.98	579	23.25	429	15.40	882
M72	Rufus Jordan	3340	2	38.88	784	8.89	569	31.52	670	26.37	505	14.33	812
M74	Frederick Monesmith	3310	3	33.33	650	10.76	714	34.21	741	26.79	515	12.46	690
M70	Kenneth Effler	2922	4	30.53	583	9.30	600	21.46	414	32.59	659	12.09	666
M72	Craig Cyphers	2884	5	31.00	594	8.48	537	23.22	458	23.49	434	15.07	861
M74	Royce Woolfolk	2367	6	20.67	351	7.81	486	24.69	495	21.57	388	11.80	647
M73	Michael Decker	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
M70	Patrick Hessel**	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
M79	David Marovich	2503	1	26.21	565	6.87	462	23.52	538	18.22	363	9.93	575
M75	Kent Worden	2235	2	22.86	475	7.60	524	21.77	488	13.20	229	9.12	519
M77	Thomas Ten Eyck	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
M80	Edward Donnelly	3301	1	25.77	645	9.47	744	22.34	598	19.99	469	12.97	845
M85	Donald Miller	3586	1	23.57	715	8.24	722	22.52	745	25.06	754	9.35	650
M90	Ray Feick	1965	1	15.40	553	4.81	449	9.71	342	6.44	145	6.24	476
W47	Angela Herzner	4485	1	48.73	1200	13.76	957	38.19	773	25.09	501	14.69	1054
W53	Jennifer Banks**	2376	1	25.02	539	7.22	471	20.69	409	24.39	516	7.74	441
W51	Kimberly Lindner	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
W59	Kristen Dajia**	3646	1	38.92	1031	9.08	690	24.81	572	20.18	462	12.73	891
W56	Diane Morey	2060	1	22.48	524	5.84	399	18.20	392	12.31	249	7.78	496
W60	Caryl Senn-Griffiths	3313	1	26.48	725	8.93	754	23.81	615	25.53	689	8.77	530
W64	Karen Reardon	2851	2	25.41	689	8.50	711	21.59	547	13.85	332	9.34	572
W62	Kathleen Biondolillo	2405	3	22.50	592	7.23	585	15.05	351	11.87	273	9.76	604
W62	Deborah Ecklund	1254	4	14.41	325	4.24	294	10.71	226	7.17	134	5.27	275
W62	Oneithea Lewis	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
W65	Carol Finsrud	5183	1	40.97	1377	9.34	894	34.64	1095	23.61	723	14.83	1094
W65	Susan Hallen	3625	2	34.21	1117	7.64	706	19.90	570	15.61	446	11.13	786
W66	Ruth Welding	3284	3	32.23	1042	6.76	610	19.21	547	8.38	201	12.31	884
W69	Delores Grandison	2345	4	X	X	6.79	613	15.88	433	15.48	441	12.00	858
W69	Laura Hessel**	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
W71	Martha Green	2412	1	19.19	640	5.83	583	11.64	349	10.72	335	6.96	505
W75	Mary Trotto	2980	1	18.43	599	7.16	735	16.30	560	14.09	517	8.06	569
W80	Roslyn Katz	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
W91	Gloria Krug	3649	1	15.29	857	4.71	745	11.54	736	10.01	741	5.69	570

\*\* Guest Athlete

Pending US Record

# USA National Masters Throws Championship

Dedham, MA

July 23 - 24 2022

## Super Weight Throw

M35	Derek Worden	10.03
M45	Hondo Salgado	9.19
M50	Eric Cole	9.97
M55	David Bickel	8.18
	Patrick Toland	6.85
M60	Jim Biondolillo	7.24
	Thomas Lambdin	6.85
	Robert Arello	DNS
	Kevin Gleason	DNS
M65	Bob Cedrone	8.48
M70	Regis Beaulieu	9.61
	Craig Cyphers	9.02
	Tim Muller	8.43
	Rufus Jordan	7.47
	Michael Decker	DNS
M75	David Marovich	5.91
	Kent Worden	4.37
	Thomas Ten Eyck	DNS
M80	Robert Cahners	8.26
	Edward Donnelly	7.72
M85	Joseph Carlozzi	6.90
M90	Ray Feick	3.68
W40	Julie Williams-Tinkham	8.88
W45	Angela Herzner	8.86
W50	Kimberly Lindner	DNS
W55	Diane Morey	5.33
W60	Kathleen Biondolillo	6.43
	Deborah Ecklund	3.70
	Oneithea Lewis	DNS
W65	Carol Finsrud	9.85
	Ruth Welding	7.96
	Susan Hallen	7.87
	Delores Grandison	6.65
	Darcy Smith	DNS
W70	Martha Green	4.71
W75	Mary Trotto	4.92
W80	Roslyn Katz	DNS
W90	Gloria Krug	4.54

# USA National Masters Throws Championship

Dedham, MA  
July 23 - 24 2022

## Day 2 - Ultra-Weight Pentathlon

Age	Name	Total	PI	Weight	WT Points	Super Weight	SWT Points	Ultra 1	Ultra 1 Points	Ultra 2	Ultra 2 Points	Ultra 3	Ultra 3 Points
M36	Derek Worden	3908	1	14.39	717	10.03	814	5.66	979	2.51	714	1.59	684
M47	Hondo Salgado	3752	1	13.11	754	9.19	861	5.01	996	1.89	600	1.14	541
M52	Eric Cole	4887	1	17.93	954	9.97	1031	5.24	1142	2.64	967	1.46	793
M56	Patrick Toland	4043	1	13.77	761	6.85	736	4.01	925	2.28	899	1.24	722
M56	David Bickel	3929	2	17.36	993	8.18	903	3.57	810	1.71	643	1.03	580
M61	Jim Biondolillo	2993	1	13.20	664	6.67	569	5.00	542	2.79	648	1.46	570
M62	Thomas Sputo	2503	2	11.86	585	5.07	406	3.88	396	2.91	681	1.17	435
M63	Robert Arello	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
M60	Kevin Gleason	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
M67	Bob Cedrone	4201	1	14.78	820	8.48	835	6.12	762	3.63	972	1.81	812
M72	Tim Muller	4010	1	15.22	871	7.77	650	6.99	746	5.38	733	3.41	1010
M72	Craig Cyphers	3663	2	14.12	798	9.02	775	5.98	621	4.79	640	2.87	829
M72	Regis Beaulieu	3538	3	15.57	894	8.94	766	6.58	696	3.52	440	2.61	742
M72	Rufus Jordan	2638	4	13.02	726	7.47	620	6.36	668	X	X	2.25	624
M73	Michael Decker	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
M79	David Marovich	2589	1	10.06	584	5.72	513	4.11	450	3.32	469	1.88	573
M75	Kent Worden	2385	2	9.12	519	4.37	367	3.90	421	3.19	446	2.04	632
M77	Thomas Ten Eyck	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
M80	Robert Cahners	3120	1	13.15	858	7.57	664	4.68	468	4.34	560	3.44	570
M80	Edward Donnelly	2999	2	12.69	824	6.96	601	5.71	596	4.18	536	2.79	442
M83	Richard Hotchkiss	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
M85	Joseph Carozzi	3090	1	11.06	791	6.81	698	4.92	595	3.23	468	2.83	538
M90	Ray Feick	1799	1	5.93	447	3.68	411	2.47	315	1.91	301	1.58	325
W32	Megan Wallace	1395	1	6.28	332	3.50	248	2.85	256	2.36	274	1.18	285
W42	Julie Williams-Tinkham	4197	1	12.92	821	8.04	873	6.56	898	4.63	791	2.31	814
W47	Angela Herzner	5599	1	13.85	985	8.82	1075	7.28	1119	5.74	1121	3.18	1299
W51	Kimberly Lindner	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
W56	Diane Morey	2416	1	7.42	467	5.33	515	3.81	495	2.74	436	2.42	503
W62	Kathleen Biondolillo	2764	1	9.31	570	6.10	523	5.28	575	3.71	542	3.01	554
W62	Deborah Ecklund	1376	2	4.68	232	3.59	263	3.33	321	2.37	306	1.65	254
W62	Oneitha Lewis	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
W65	Carol Finsrud	4290	1	14.97	1106	X	X	8.80	1187	6.09	1104	4.03	893
W65	Susan Hallen	4150	2	10.78	757	7.87	808	7.30	959	5.08	897	3.39	729
W66	Ruth Welding	3968	3	10.99	774	7.96	819	6.49	837	4.71	821	3.34	717
W69	Delores Grandison	3410	4	9.59	659	6.50	645	5.68	716	3.99	676	3.33	714
W67	Darcy Smith	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
W71	Martha Green	2190	1	6.55	468	4.29	454	3.98	546	1.54	235	2.13	487
W75	Mary Trotto	2650	1	7.35	508	4.92	466	4.53	527	4.09	610	2.72	539
W80	Roslyn Katz	DNS		DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS	DNS
W91	Gloria Krug	4077	1	6.11	621	4.48	888	3.60	852	2.83	834	2.19	882